

2018 GANDHI 3.0 RETREAT PARTICIPANTS



Alfred Tolle observed, "I need to shift from 'Don't do evil' to 'Do good'." But how, exactly? After launching a [conference](#) in Stockholm to dive deeper into the answer, he's [weaving](#) a community of changemakers to [ignite](#) a platform for [Wisdom Together](#). Having worked in international media, digital strategies, and as "Google's Compassion Guy," and prior to that as the CEO of Lycos (17.7B company), he's now based in Germany, innovating wellbeing initiatives and igniting technology's [potential](#) for transformation around the globe.



Alyssa Martin is a young lawyer who left "big law" in Boston and Silicon Valley to [practice](#) community law on a human scale in her hometown of Lincoln, Nebraska. She holds degrees with top honors from Stanford University and Harvard Law School. During Obama's 2008 presidential campaign, she engaged faith outreach as part of the campaign staff, creating reports on "American Values" and writing the Faith Blog for then-Senator Obama. Always with a steady heart of service, she spent a summer in her teens serving with Mother Teresa's [Prem Dan](#) center for the elderly in Calcutta. In her free time, she volunteers with ServiceSpace's [Global Awakin Calls](#) and co-facilitates circles on inner transformation.



Ana Valdes Lim is the Artistic Director of Assumption College's METTA (Marie Eugenie Theater of the Assumption) in the Philippines, where she is passionate about transformative education. She is the first Filipina graduate of New York's prestigious Juilliard School, and was cited as one of their 100 Most Outstanding Alumni in 100 Years. She has appeared on CBS, *As the World Turns*, and movies like *Prince of Darkness* and *Love or Money*. She directs her own Improv troupe for Philippine Playhouse and has led workshops for businesses including Accenture and HSBC. She's the author of [Theater for Wellness](#) (2014), [Evolutionary Theater](#) (2009), and [Workshop: A Manual on Acting](#) (1997). Ana lives in Manila with her husband and two sons.



Using words to [describe](#) **Anar Patel** is like trying to capture a stunning panorama with a mobile-phone camera. A social entrepreneur, businesswoman, social worker, wife, mother, friend to many, in any given hour on any given day, Anar-ben is giving fully of herself -- from organizing city-wide [Sabarmati Festivals](#) of arts and culture, to empowering women through [Gramshree](#), running [Craftroots](#) exhibitions to revive ancient craftforms, directing her own business, giving talks to diverse audiences, cooking up nutritious meals for family and friends, and beyond.



Anil Sachdev is the Founder, CEO, and current Dean of [School of Inspired Leadership \(SOIL\)](#) in Gurgaon. Focusing on "five pillars" of Mindfulness, Ethics, Compassion, Diversity and Sustainability to develop character in management education, SOIL emphasizes whole systems thinking to enable competence and encourages students to discover their gifts. A thought leader in talent management, leadership development and organizational transformation, Anil has spoken globally and served as adjunct faculty at leading business schools, including Indian School of Business, Kelly School of Business, GMI, and Antioch University. Anil is a Trustee of the [Chinmaya Mission](#) and serves on the Academic

Committee of [CEDEP](#). Anil graduated from University of Pune in 1975, and has worked with Tata Motors, Eicher Group, founded Eicher Consultancy Services and Grow Talent.



Angelito “Anjo” Duque is the Stage Manager at Assumption College’s METTA (Marie Eugenie Theater of the Assumption) in the Philippines. He has a Bachelor of Arts in Communication from De La Salle University, Dasmariñas, where he was a scholar under the Performing Arts Group. After dabbling in the corporate world, he realized his passion really lies in theater and the performing arts. Over the past 6 years, he has stage managed *METTA*’s Broadway 6: "Six for Six for Broadway 6", Broadway 7: Putting It Together, Broadway 8, *Metta* Musical Theater’s Here Comes the Sun and Heal Your World. He has also been a teacher and stage manager to the Correctional Institution for Women, maximum security and the Bureau of Corrections, men medium security which are one of the few advocacies of *Metta*. He is currently taking up his Masters of Arts in Educational Management in pursuit of his passion of theater and education.



Anu Aga is, by training, a social worker, but destiny took her to the corporate world after her husband’s sudden death. In 1985, she began her industry career in [Thermax](#), an engineer company where she served as Executive Chairperson. Now in retirement, she focuses on supporting primary education for the underprivileged, and has been extensively involved in [Akanksha](#) and [Teach For India](#). She has written extensively and given talks on the subjects of corporate governance, corporate social responsibility, role of women and education. In 2010, she was awarded the [Padma Shri](#) for Social Work by the Government of India.



Aparajita



Aslinur Akdeniz grew up in a family of dervishes, rooted in Islamic spirituality, in a small town in Western Turkey. Aslinur is an aspiring poet and author of short stories, and one of her many dreams is to build a eco-community on her grandfather’s olive farm near Izmir. She is based in Istanbul, Turkey with her husband, Marian, where she writes, researches and, inspired by a childhood in council-like gatherings, she experiments with ways to deepen her work and offerings with greater collective consciousness.



Bharat Shah is Director of [Nisargopachar Kendra](#) (Nature Cure Center) at Vinoba Ashram, Gotri, Vadodara. Early in his medicine practice, he worked as a pediatrician in a rural tribal area, where he was involved in a 1998 community health project aimed at reducing Infant Mortality Rate (IMR). As a practicing pediatrician, he realised the incompleteness of the sheer drug-based medical care system and found himself drawn towards alternative systems of healthcare. He gradually found Naturopathy, Yoga, Ayurveda and Mind-Body connections, realising that the day-to-day choices that we make in our lifestyle, in regard to our diet, daily routine, mind, emotions and the environment have a great impact on our health and disease management. Bharat-bhai serves on the

advisory committee of Janakidevi Bajaj Nature Cure Centre managed by Gujarat Vidhyapith in Ahmedabad, and on the managing committee of Vadodara's Shri Morarjee Desai College of Naturopathy and Yogic Sciences. He grew up steeped in Gandhian values, as the son of [Jagdish-dada](#) and Manju-ba.



Bruce Keaulani's true passions are his family and his martial arts. A well-known martial artists in Hawaii today, it is [said](#) "his heart of gold is 100% natural *aloha*." Often found gliding along the docks of Honolulu Harbor, close to Chinatown, and near to his Nuuanu Peace Academy Dojo, Uncle Bruce is the spiritual and knowledge descendant of [Kaito Gakko](#), Professor David Nuuhiwa. With established practice and legacy as a Native Hawaiian Healer and Native Hawaiian Cultural Practitioner, Bruce serves as the Founder of [Living Life Source Foundation](#), a nonprofit committed to educational and spiritual opportunities through the practice of cultural traditions that meet the needs of Native Hawaiian populations in the areas of physical and emotional healing, healthy lifestyle, education, and sacred site restoration.



Bonnie Rose is always looking for ways to lead with greater heart, purity, and to "live as if the truth is true." From nursing and performing arts in New York, she moved to southern California and fell into ministry at the [Ventura Center for Spiritual Living](#), where she's been for over 11 years, and "where we aspire to Be Love, Share Love, and Serve Love." She finds joy offering dynamic leadership for inner transformation, [blogs](#) on the dynamic tensions of self-discovery, and carries a masterful eye for [love's footprints](#) and the [Hem of the Infinite](#). Bonnie lives in Ventura County with her husband and a large menagerie.



Cherie Montoya was born and raised in the North Valley of Albuquerque where, as a child, she grew up witnessing nature's wholesome abundance. From her grandparents' small garden and orchard, trees yielded fresh fruit that was processed into jams, jellies, and fruit leathers. Her deep love and respect for land, water, food, and community led to the creation [Farm & Table](#), a restaurant in Albuquerque, New Mexico, U.S., in which ingredients are lovingly grown and harvested on a lively farm just a few feet away.



Cindy Cleary is an elementary [school counselor](#) who leads children, parents and teachers in mindful awareness, teaching them to be peaceful leaders in their own mind, body, family and classroom. Cindy has been at the American School of Bombay since 2013, and lives in Mumbai with her husband and two teenagers. Prior to that, she and her family were based in snowy Colorado, United States.



A bicycle accident in 2017 left **Danny Lopez** in a wheelchair for over a month with fractures to his hip, vertebrae, ribs and a separated shoulder. This was his wake-up call. Having spent the majority of his career in the arts and cultural sector, he began feeling a deeper calling to healing and inner transformation. After a 5-year stint at the Smithsonian Institution, Danny returned home to begin a new path. He co-founded a small wellness collective in Albuquerque's North Valley with his partner Cherie Montoya that offers free yoga and meditation classes throughout the year on a beautiful 12-acre farm. Recently, he began co-teaching mindfulness classes for men through the [Mindful Center](#). He is

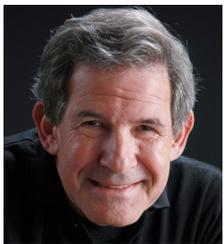
particularly interested in the journey for men and the challenges and opportunities they face today.



Fabrizio Alberico is a gentle soul of infinite talents who is currently devoting himself to a life of service through [teaching Yoga](#), working on a biography project for a [Chinese monk](#) who brought Buddha dharma westward, and volunteerism. Fabrizio means "craftsman," Alberico means "tree" -- and he also makes one-of-a-kind [guitars](#) and [banjos](#). Earlier in life, he found himself in the business world and, finding it incompatible with his belief systems, he left. Now, he's interested in how to impact the business world in a positive way by engaging mindfully and skillfully with those who may not share his same beliefs. With a wealth of knowledge in nature, spirituality, and song, he has a knack for strumming the perfect [tune for the moment](#), steeped in [joyous grace](#).



Galia Tyano Ronen loves life with all it brings into her soul and vice versa. She loves the diversity of connections with people, nature, arts, body, music and spirit. As a mindful self compassion teacher, focusing oriented therapist, artist and clinical psychologist, she walks a path accompanying people over a section of their lives. The mother of four children, Galia is involved in their school parents committee management. She and her family live surrounded by nature in the beautiful mountains of the upper Galilee, Israel. With her local community, she creates culture festivals based on the generosity, togetherness, free will, spirit and talent of citizens living in Tyvon, without any government help. She strives to give the place in which she lives a sense of united, loving community, including all people near and far.



Gary Zukav is an American spiritual teacher and the author of four consecutive New York Times Best Sellers. Beginning in 1998, he [appeared](#) more than 30 times on *The Oprah Winfrey Show* to discuss transformation in human consciousness concepts presented in his book [The Seat of the Soul](#). His first book, [The Dancing Wu Li Masters](#) (1979), won a U.S. National Book Award. Six million copies of Gary's books are in print and [translations](#) exist in over 30 languages.



Greg Tehven has spent much of his life believing we can "[Create the Community You Want To Live In](#)." While in college, he co-founded [Students Today Leaders Forever](#) and the Pay It Forward Tour, which has engaged over 25,000 students to serve over 357,000 hours of service since 2003. In 2011, Greg co-founded [Emerging Prairie](#) to connect and celebrate the entrepreneurial ecosystem in the U.S. Midwest. He has taught as an Adjunct Professor at Concordia College on Social Entrepreneurship in Bangalore, India and at the University of Minnesota's Leadership Minor program. Greg's current activities include co-organizing [1 Million Cups Fargo](#), [Startup Weekend Fargo](#) and curating [TEDxFargo](#). He has been published on Forbes.com, Fortune, Entrepreneur Magazine, and TED.com.

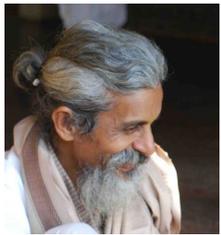
Ikumi Akimoto believes in the power of love and the unlimited potential that each person carries. For over 10 years, she steadfastly supports "Smile Workshops" and various programs and spaces for greater wellbeing and health with Shin Terayama. Since 2014, she has also organized an annual cross-cultural learning journey for Japanese-based participants to visit and engage in Scotland's Findhorn Foundation.



Jayesh Patel is a living [embodiment](#) of selfless service. Having grown up at the Gandhi Sabarmati Ashram in Ahmedabad, Gujarat, he is a dedicated social worker, grassroots community builder, father, mentor, and friend to all walks of life. The recipient of many awards, titles and responsibilities, it is his way of being -- with a quiet humility and heart of service -- that speaks volumes. Inspired by his [remarkable](#) father, he is a steady force behind the [Environmental Sanitation Institute \(ESI\)](#), co-founder of [Manav Sadhna](#), and sturdy mentor of countless generosity-driven projects.



On a backpacking trip in 1984, **Jerry White** lost his leg, and almost his life, in a landmine accident. Upon recovering, he co-founded Survivor Corps, and led efforts to draft and enact human rights and humanitarian laws that promote and protect the rights of 650 million people with disabilities. Jerry arranged for, and escorted, Princess Diana of Wales on her last humanitarian mission, to Bosnia and Herzegovina, and spearheaded efforts to promote a mine-free Middle East with King Hussein and Queen Noor of Jordan. He has received many awards including Rumi Award for Interreligious Diplomacy (2015), the Superior Honor Award from the U.S. State Department (2014), and was co-recipient of the 1997 Nobel Peace Prize. He is CEO of Global Impact Strategies Inc., Co-Chair of Global Covenant Partners.



For over 16 years, **Josephji** has lived as a renunciate. Engaging his life as a pilgrimage, he has travelled across India, from the Himalayas to Kerala, cultivating from moment-to-moment, with an intent to offer himself in service and stillness to the people and environment around him.



Karma Lekshe Tsomo is a [remarkable](#) Buddhist nun, scholar and social activist. Growing up as a Malibu beach girl turned Honolulu surfer, Karma Lekshe found herself captivated by Tibetan Buddhism on a surfing trip to Japan and India. Taking novice precepts as a Buddhist nun in 1977, she received full ordination in 1982. Today, with a PhD in comparative philosophy, author of several books, founder of Himalayan nonprofit, [Jamyang Foundation](#), professor at the University of San Diego, President of [Sakyadhita International Association of Buddhist Women](#), and survivor of a poisonous viper bite, Karma Lekshe has been described to carry an iron will, unwavering commitment, and gentle heart of compassion in action.



Kehaulani Lum is from the Hawaiian island of Aiea, Oahu. She is grateful for the opportunity to serve the youth and families of Hawai'i Nei. As the eldest grandchild on both sides of her family, she was prepared, since the age of 5, for a lifetime of service. She serves as Community Relations Director and Board Secretary of [Living Life Source Foundation](#), a non-profit committed to restoring a system of living by embracing all faiths and modern science; teach concepts vital to creating a life of greater meaning, purpose, and freedom; and, educate the people of Hawai'i to become self-sustainable and to perpetuate the life-force spirit of *Aloha*.

Linda Francis has been in a healing profession for three decades as a registered nurse, a Doctor of Chiropractic, and now a teacher of authentic power. In 1999, with her partner,



Gary Zukav, she co-founded [The Seat of the Soul Institute](#), an organization dedicated to supporting individuals in the alignment of the personality with the soul. She and Gary co-lead events, curricula, and an [Authentic Power Immersion](#) designed to give people the tools and practice to create authentic power and spiritual partnerships in their everyday lives. They have co-authored two New York Times bestsellers, [The Heart of the Soul: Emotional Awareness](#) and [The Mind of the Soul: Responsible Choice](#), as well as many other [illuminating books](#).



Lobsang Phuntsok, as a young boy, was an “[uninvited guest to this universe](#)”. Born to an unwed mother, he acted out often as a child and was sent to a monastery, where he still misbehaved but slowly began to change. After studying with the Dalai Lama and teaching about Buddhism in the United States, he moved back to the Indian Himalayas to help children who struggle as he once did. Today, the former monk runs a residential community for 85 children called [Jhamtse Gatsal](#) -- a Tibetan term that means "love and compassion". Andrew Hinton's 2016 Emmy-winning short documentary, [Tashi & the Monk](#), stunningly [shares](#) the story of him and his 85 children.



Originally from Appalachian Virginia, **Mandy Len Catron** now lives in Vancouver, British Columbia. Her writing has appeared in the New York Times, the Washington Post, and The Walrus, as well as literary journals and anthologies and she has two talks published on TED.com. She writes about love and love stories at [The Love Story Project](#), and she teaches English and creative writing at the University of British Columbia. Her article “[To Fall in Love with Anyone, Do This](#)” was one of the most popular articles published by the New York Times in 2015. Her first book, [How To Fall In Love With Anyone: A Memoir in Essays](#), was published in 2017 and it was recently longlisted for the RBC Taylor Prize.



Maria Daniel Brás believes that soulful cross-organizational collaboration can create positive results for all (organizations, people, stakeholders and the world). Through [Theory U](#) and other groundbreaking approaches, she loves to explore how to create better, soulful and more beautiful ways of doing things that positively impact the way all beings live in our planet. Based in beautiful Portugal, she [works](#) virtually with people from all around the world, in projects at the intersection of people, technology, design, culture, nature and space. I am lucky enough to live by the sea with three "meditation masters": one is my husband and the other two are beautiful female cats we've rescued from the streets.



Marian Brehmer grew up in Germany, in a family that made annual visits to India to study yoga and meditation. Since his teens, he has been fascinated by Sufism and has travelled extensively in Pakistan, Iran, Syria, and Turkey [writing](#) and researching on the topic, with a focus on Persian poetry; and in particular, on Rumi. He is based in Istanbul, Turkey with his wife, Aslinur, and they are exploring ways to deepen and bring their gifts to the world with greater consciousness.

Masami Saionji has [dedicated](#) over 60 years of her life to the power of prayers for world peace. Based in Japan, she is the Chairperson of three peace organizations: [Byakko Shinko Kai](#), the [World Peace Prayer Society](#), and the [Goi Peace Foundation](#). A native of Japan and a descendant of the Royal Ryukyu Family of Okinawa, Mrs. Saionji continues

the work of her adoptive father, Masahisa Goi, who initiated a movement for world peace through the [universal prayer](#), *May peace prevail on Earth*.



Milan Rai is a self-taught contemporary artist from Nepal. He began his artistic career with an exhibition at Patna University's College of Arts and Crafts. In 2012, an encounter with a butterfly in his studio in Kathmandu gave rise to "[White Butterflies](#)" -- an art project of [stirring simplicity](#) that has evolved into a global [expression](#) love, hope, peace, unity and activism across 15+ countries. He is the recipient of Harvard University's South Asia Institute 2016 Emerging Artist Award.



Myron Eshowsky, M.S.(Counseling), is the co-director of the [Social Health Care Program](#) for Syrian Refugee Children and Families offering training and psychosocial services to address the massive traumatization of the refugee community in Jordan and Lebanon. A mediator, shamanic healer, and educator, he is a pioneer in the integration of shamanic methodology for the purpose of addressing modern problems, and has authored dozens of articles on these topics, as well as the book, [Peace with Cancer: Shamanism as a Spiritual Approach to Healing](#). For the last two decades, Myron has studied extensively how cultures throughout the world view and address conflict, and consults throughout the United States, Canada, Africa, Middle East and Europe.



Nipun Mehta's mission statement in life now reads: "Bring smiles in the world and stillness in my heart." In 1999, he founded [ServiceSpace](#), an incubator of projects that works at the intersection of volunteerism, technology and gift-economy. What started as an experiment with four friends in the Silicon Valley has now grown to a global ecosystem of over 500,000 members that has delivered millions of dollars in service for free.



Pavithra YS was 22 when she started [Vindhya](#), a BPO organization in Bangalore, India, which may be the first and only for-profit enterprise in which the majority of employees are people with disabilities -- physically challenged, hearing or visually impaired, socially disadvantaged women, or on the autism spectrum. Since it began in 2006, the company has grown from 5 "differently-abled" employees to close to 1400 employees. Pavithra has been selected by Times of India as one of the "25 Leaders of Tomorrow" and has been a recipient of the "100 Women Achievers Award". A graduate of Bangalore University, she completed her Executive General Management Program from IIM-Bangalore

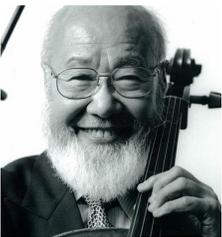


Sehr Karim is a mother of a 3.5 year old magical boy, Danyal, who is her inspiration and whom she credits for helping free her soul. They live in Dubai surrounded by lush greenery, wild parrots, hoopoes and kingfishers. Sehr recently left her position as Head of Marketing at a beauty company to pursue her passion for facilitating human connection, which has manifested as The Kindness Institute (TKI), whose purpose unfolds each day via guidance from the universe. TKI is emerging as a nonprofit that ignites human connection with activities such as free meditation and yoga sessions, compassion-themed speaker series, promoting kindness as a currency within corporations, and volunteerism. Sehr studied International Relations from Mount Holyoke College and holds a Masters of Science in Education from Bank Street College in New York City, where she was a

Museum Educator at the Metropolitan Museum of Art. Sehr is a certified Theta healer, Star Magic healer, and is in the process of rediscovering the Quran.



Shaheen Mistri founded [Teach For India](#) in 2008, believing strongly in the potential of all children and with a vision of an excellent education for all children in India. She is Founder of [Akanksha Foundation](#), which has provided after-school tutoring to thousands of low-income children in Mumbai and Pune. She has been an Ashoka Fellow (2001), Global Leader for Tomorrow at the World Economic Forum (2002), Asia Society 21 Leader (2006), and serves on various boards and as a committee member for National Council for Teacher Education. Born in Mumbai, Shaheen grew up in 13 different countries and has a Master's Degree in Education from the University of Manchester, England.



Shin Terayama's "purpose is to lead people to higher consciousness, that is to be wise with full of love." At 47, he was extremely busy with his consulting business, when he developed cancer in his right kidney, which chemotherapy and radiation therapy could not heal. Facing death, he attempted to heal with holistic medicine and lifestyle changes, including playing the cello daily, after a 25-year hiatus. The cancer disappeared 3.5 years later. In 2006, Shin began "[The Smile Workshop](#)". That same year, he published the book, *My Cancer Disappeared - A Document of the Natural Healing of Cancer*. He is a founder of Japan Holistic Medical Society (1987), a founder of Subtle Energy Association of Japan (1995), recipient of The Doug Boyd Wisdom Keeper Award (2009), Vice President of Japan Weller-Than-Well Society (since 2006), and President of [Shin Terayama Office Ltd.](#)



Ujwal Thakar has rich and varied experience spanning the banking financial industry and the development sector in India. Considered a doyen of retail banking in India, and a leader in the movement of professionals into the social space in India, Ujwal was the CEO of [Pratham](#), India's largest NGO in the elementary education space for six years and later the CEO of [GiveIndia](#) which is India's only web based philanthropy platform. Ujwal is currently Senior Adviser to KPMG in their BFSI (banking, insurance, and financial services industry) practice, where he brings 28 years of banking Industry experience across nationalized, private sector and foreign banks in India. He has been the country head for the retail banking business in Standard Chartered Bank and BNP Paribas.



Vasco Gaspar is a "[Human Flourishing Facilitator](#)," believing that a "new world" is possible in organizations. A world where wise and compassionate leaders are really able to "lead from the future as it emerges" and to inspire people to flourish into their highest potential, igniting a real evolution in people, teams and organizations. With a toolbox filled with "cutting-edge" awareness-based technologies, he has trained over 10,000 people worldwide in topics of Mindfulness, Presencing, Leadership and Human Flourishing. He's driven by the Love to Nature and Animals, hoping to act as a Global Changemaker for the protection of the Planet.



Yoav Peck is a [lifelong](#) peace activist and organizational psychologist. As co-Executive Director of the [Sulha Peace Project](#), he regularly engages groups of Israelis and Palestinians "to encounter the other in our full humanity." Recognizing the mutual fears and alienation that exist between Israelis and Palestinians, the Sulha Peace Project brings

together such diverse factions as soldiers, stone throwers, young professionals, academicians and laborers for face-to-face encounter. A native New Yorker, Yoav migrating to Israel in 1973. Professionally, he is an organizational psychologist, coach and consultant who specializes in systematic programs for the advancement of human dignity. Yoav holds a Bachelor's in Psychology and Sociology from the UC Berkeley and a Master's in Organizational Psychology from Norwich University.



Yuka Saionji Matsuura is a mother and global peace leader whose [resilient heart](#) of compassion melts all she [comes across](#) -- whether in [conversation](#) on a train, sharing [stories](#) in a living room circle, organizing [Karma Kitchen Tokyo](#), or in a standing ovation [talk](#) at the United Nations. Yuka is Deputy Chairperson of [Byakko Shinko Kai](#), a spiritual organization dedicated to world peace and raising the consciousness of humanity. She along with her parents, Masami and Hiroo, and sisters, Maki and Rika, hold an annual [Symphony of Peace Prayers](#) with 10,000 people at the foot of Mt. Fuji to honor the universal spirit of oneness.



Zilong Wang's [depth of presence](#) evokes an air of grounded hope and faith in humanity to all who encounter him. Upon graduating from Hampshire College in 2013 (and being voted to give the undergrad [commencement address](#)), he embarked on a [bicycle pilgrimage](#) across the US to expand his worldview. After few years as an environmental analyst, Zilong is now on a 3-year [Journey to the East](#) pilgrimage to China, the country of his birth. Along the way, he inspires with his sincerity of [service](#), timeless [wisdom](#), and discerning [eye for everyday](#) blessings.