ServiceSpace Summer Internship 2020

June 22 - August 10

"Be the change you wish to see in the world." - Gandhi
What is it?

ServiceSpace's Summer Internship is a space for high school and college students to engage in service, deepen in values, and nurture the conditions for inner transformation. It all started a few summers back, when young minds asked how they could be of service. They circled up with a team of mentors and dove headlong into weekly readings and videos, daily practices, video call dialogues, and simultaneously rolled up their sleeves to volunteer on resonant projects-- from graphics to writing, filmmaking, tech, web research, and beyond. Over the years, an array of youth have flowed through, and we've fallen in love with all that unfolds -- from 30-day Kindness Challenge adventures, trackable "smile cards', thoughtful short films, surprising parents with breakfast in bed, and many disarming moments of generosity.
Three Core Elements
 Interns will engage the hands, head, and heart in the following ways:

**HANDS**
- Initiate + implement projects (like Teen Awakin Calls).
- Work on web portals (like create content for KarunaVirus.org).
- Facilitate group discussions.

**HEAD**
- Read 1 book weekly, related to kindness and service.
- Discuss themes as a group.
- Reflect on themes in our own lives and world at large.

**HEART**
- Reflect in group and 1-on-1 calls
- Write and submit weekly reflections
- Learn from other interns’ reflections.
- Dialogue with guest speakers on their journeys of self-discovery and service.
- Deepen in friendship through shared acts of service, stillness, and generosity.
Every Monday morning or Friday afternoon, you'll fill out a weekly workplan to schedule your week ahead. The workplan allows you to organize your internship responsibilities, prioritize your projects and manage your time. Interns have a personalized workplan; as an example, it looks like this.

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WAYS WE GATHER

Every week, we gather on 7 scheduled video calls, as well as ad-hoc calls to coordinate projects.

Virtual Awakin Circle

Every Wednesday, we'll practice listening to ourselves, in stillness and to each other, in a circle of sharing with broader community.

Weds @6:30PM
RSVP Here: https://awakin.org/local/city/santaclara

Office Hours

3 times a week, interns and some mentors convene for virtual "office hours" on:

- Tues @12 PM - "Hands" Project Work
- Thurs @12PM - "Heart" Sessions
- Fri @2PM - "Head" Book Dialogue

Intern 1:1 Buddy Calls

Every day, interns will have a 1-on-1 call with a different intern, where they interview each other on 5 deeper-dive questions. Each week, interns will get a new series of questions to ask each other.

Weekly Group Calls

Every Monday @5PM PDT, interns gather for a 90-minute video call to reflect on the past week, dialogue on emergent themes, and reflect on their project experiences. (Our first call on June 22nd is @ 3PM PDT)

Mentor-Intern 1:1 Calls

Every week, each intern syncs up with their mentor on a 1-on-1 call. This is a space to more personally reflect on their learnings, raise questions or express challenges, and bounce creative ideas for their projects.
WEEKLY CALL SCHEDULE

Mark your calendars!

Special Calls for our First Day

- Mon, June 22 @1PM PDT: Orientation Office Hour
- Mon, June 22 @3PM PDT: Our First Group Call

Recurring Weekly Calls

- Mon @ 5:00PM PDT: Weekly Group Calls (June 28 - Aug 10)
- Tues @12:00PM PDT: "Hands" Office Hours (Project Work)
- Weds @ 6:30PM PDT: Awakin Santa Clara Circle
- Thurs @12:00PM PDT: "Heart" Office Hours
- Fri @ 2:00PM PDT: "Head" Office Hours (Book Discussion)

Calls You Schedule On Your Own

- Weekly 1:1 Mentor Calls
- Weekly 1:1 Buddy Calls
- Project Calls: You'll schedule one-time calls for project work as needed.
Interns read 1 book each week, and discuss it as a group every Friday. These are a few of the 7 books we'll read this summer!

You can order the book online or borrow digital copies via virtual libraries like:

https://www.hoopladigital.com
https://archive.org
BEFORE WE START, BE SURE TO...

By June 20th, complete this prep, to confirm your participation in the internship!

**Complete Volunteer Orientation**
- Login to ServiceSpace, Create a profile, Get oriented.

**Make a List of 7 Books + Your Top Pick**
- Research 7 books on themes of kindness, empathy, and service. Send Audrey your list, along with your top pick. We'll read 1 book a week, each chosen by an intern, who'll lead the discussion that week!

**Research 10 Awakin Call Speakers**
- Shortlist 10 previous Awakin Call speakers that you'd love to interview and why. Send this to Audrey.

**Get Familiar with ServiceSpace Portals**
- Every week, read 1 story from each of these sites:
  - KarunaVirus.org
  - DailyGood.org
  - KindSpring.org
  - KarmaTube.org
- Tell us what stayed with you -- submit this form weekly, by June 7, 14, and 20th!
2020 Mentors

Amit "Dunga-Hug" Dungarani
Amritha "Stillness" Mandagondi
Audrey "Formless" Lin
Liz "Love Phantom" Pimentel-Gopal
Mark "Silent Sundays" Peters
Sophie "Congrats Grad!" Wu
Tim "Bhutan" Huang
Vishesh "Intern4Life" Gupta
Mentor Roles

Weekly Group Call
Mentors attend and hold space on weekly group calls. They tune into emergence (individually and as a group), and support interns to think and act deeply.

Weekly 1-on-1 Intern-Mentor Calls
Each intern is paired up with a mentor. Together, they have weekly 1-on-1 calls. Mentors support interns with the internship experience, projects, and questions that arise.

Bonus Roles
Mentors may also help liaison intern projects, office hours, design curriculum, as well as share presence in virtual Awakin Circle, and consistently nurture patterns of positive deviance.
See you soon!

We look forward to diving in soon!

If you have any questions, reach out to audrey@servicespace.org