

THE QUESTIONS I ASK ARE ROUND

April 29, 2020

The following is a rearrangement of the questions you each entered our circle with yesterday. The questions are interspersed with a rearrangement of John's words from our time together. The group's questions are in italics. John's dance of images, ideas and inspiration are un-italicized, in deep blue. Notice how sometimes the answer to my question is- your question. Notice how none is alone on their quest. Notice what the sound of your wisdom, and John's, feels like in your bones. Notice how poetry is born when our bewilderment sits down next to another's.

Notice what can happen when someone-- someone with worn out knees, injured eyes, a mountain stance and a warrior-teacher's heart-- bends down in the midst of friends and strangers -- to tend a fire...

I want to welcome you to a circle of safety,
to another day of life, another day
of doing your earth walk,
which might not be easy.
I want to thank you
for saying yes.



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*What questions are being held in the community?
How do I hold space responsibly for me and others?
How do I hold space in a more heartfelt and wise way?
How do I be a vessel for me and others to ride the waves of life--
Consistently?*

Everyone has a part of themselves that is trustworthy.
Wild animals don't care if we have a degree.
They care that we care.

A leader always shows up first
To start the fire, to make sure
the space is safe, clean and
the bathrooms
unlocked.



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How do I really listen?

How does one listen beyond what is said?

How does one listen to sense unstated needs?

How do you open and connect souls?

How can I use questions to listen more deeply?

The purpose of any question is to remind us

That we are kin.

Our legacies

are hooked

together.

Everyone wants to be seen

Even those with heavy armor.

I acknowledge

what I see.

Questions allow for the retrieval of the soul.

The questions I ask are round

The roundness of stories

helps us recover

lost parts of

our souls

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These questions come with permission to ask them.
Then questions can't put you on guard,
They are meant to make you feel
part of the whole. We need you:
What can you bring to us?

In a group, you can always say I pass.
Knowing how to set your boundaries
is self-care.

If
You are brave
Enough to share
With us it would be
A gift.

If I feel safe, then he asks me a question
I've never heard before, and I
Can answer in a way I
have never
answered
before.



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How do I quiet my ego posturing to really listen to others?
How do I connect from heart space when there is stress?
How to let go of the things that no longer serve my highest good?

Notice we didn't need to break the silence before it was time.
We just sat with it. No one had perform.
No one had to save the group.
No one had to play 'I know best.'

When we narrow our stories to ourselves
they are called **war stories** -
There are winners and losers,
ups and downs.

When our stories are connected
to other's stories, when we
start seeing
we are not
alone ---

Those stories become **medicine stories**
universal stories that give hope.

You invite the hero, the holy in others' stories.

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We are all part of the same medicine story.
Notice who went before you and
Who will go after you.

Don't get seduced by
people's personal history.
I don't need details, I
Just need to know--
your spirit

If we keep our emotions moving through us,
the sickness will go with it.

Let's go back to the prairie...



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Is there anything that is controllable?

How do healing and awakening unfold together?

How to deepen in prayer and service in alignment with Divine?

What are the signal's of the Universe's call today?

How can I connect more deeply with my essence?

*How can I be in better service to the
evolutionary moment we are in?*

*What is my greater purpose
beyond this ---
awakening?*

Resilience and 'nothing matters' do not go together.

When the wind in your life drops
A sudden grief or loss
what is that whisper
from the Creator
that you need to
listen to,
to honor?

When did you last call on
Your ancestors to
be with you?

The whisper is always there.
(It is part of the universal
intelligence)

Give an answer that
does away with
conditioning.

