

**Birju Pandya** has been experimenting with Integrated Capital in family offices. Key areas of Birju's interest currently include inner transformation (eg meditation), psycho-spiritual work (eg trauma work), and resilience (eg collapse awareness). He also engages with the topics of meat reduction, solar energy, real estate and regenerative agriculture. From an Integrated Capital lens, Birju experiments with multiple forms of capital, gift cultures, and emergence-based design. Underneath it all is an intention to invite deeper compassion and wisdom into life. Prior to this direction, Birju was a consultant with McKinsey & Company. He has a Bachelor's from Arizona State and an MBA from Columbia Business School. His writings are available on his [personal website](#).



## 5 questions for Birju

---

### **What Makes You Come Alive?**

Engaging authentically and vulnerably in our becoming - what we don't know, what hurts, what we are discovering about ourselves. Being human together.

### **Pivotal turning point in your life?**

Many, and I am curious about how this inquiry is not singular for others as well. Most recently, allowing in the paradox of the breakdown of 'modernity' with an intention to engage in compassionate action through it regardless - being touched by bodhisattvas.

### **An Act of Kindness You'll Never Forget?**

Ha! Too many. I remember thinking after my wedding, that rather than remembering the kindness, I am more alive about simply living into surrender. My cup ran over.

### **One Thing On Your Bucket List?**

Spend time with my parents and family, just being.

### **One-line Message for the World?**

Hi!